

DIVERSITY

Celebrating what makes us special

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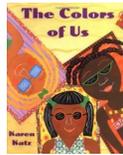
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Color together and talk about how each color has its role in the beauty of the art.



Read a diverse multicultural book together.



Share with the people around you why they are special. Don't forget yourself!



Listen to music from other countries.



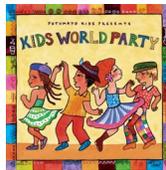
Talk about & model what it means to be kind to others.



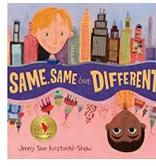
Use different colored eggs or apples to talk about diversity.



Learn a song from another heritage.



Read a diverse multicultural book together.



Learn about Chinese New Year & create art inspired by what you learned.



Watch a family movie from another country or in another language.



Explore art from other heritages & make your own



Take a virtual tour of another country.

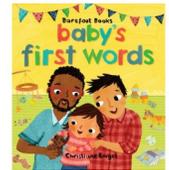


FREE SPACE

Explore how homes look different around the world & why. Make your own versions of these homes.



Read a diverse multicultural book together.



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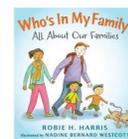
Learn/talk about the amazing ways people adapt to meet the needs of their differing abilities.



Listen to the Sesame Street Color of Me Song



Talk about who is in your family, how are you the same/different?



Use paint, crayons, & other mediums to create art that reflects the diversity of the people you love.



Draw a family picture & talk about how families can look different.



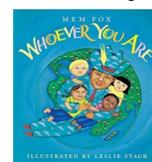
Try a food from another country.



Have story time with an older relative or friend.



Read a diverse multicultural book together.



Learn how to say Hello in other languages.





TEACHING KIDS TOLERANCE AND DIVERSITY*

PRACTICE WHAT YOU PREACH

Children will often practice what they see and hear as opposed to what they are taught. This is why children are more inclined to treat others with respect when they see you practicing tolerance and accepting others for who they are.

DISCUSS TOLERANCE & DIVERSITY HONESTLY

Many adults tell children things like “we don’t see color” and “we are all the same on the inside.” The truth is, people do come in different colors. Additionally they come from different cultural backgrounds, speak different languages, have different physical abilities among other differences. It is more important that children learn to accept others for who they are instead of pretending that differences do not exist.

EXPOSE KIDS TO DIVERSITY

Have your child participate in activities or play dates with children from diverse backgrounds when possible. This will help them understand that although people are different, they can still work and have fun together.

CORRECT RACIAL & CULTURAL INSENSITIVITY

Sometimes children will repeat things they hear not knowing that what they are saying is offensive. It’s important to correct them and explain why it is unacceptable to speak negatively about people because they are different.

HELP KIDS EMBRACE THEIR OWN CULTURE

This is helpful because when a child accepts who they are and have a positive self-esteem, they are less likely to see people who are different as threats. They will be more likely to respect others because they appreciate and respect themselves.

READ DIVERSITY & TOLERANCE THEMED BOOKS

There are many great, kid friendly books that teach children about diversity and accepting others for who they are.

WATCH DIVERSITY & TOLERANCE THEMED MOVIES

Popular films such as Mulan, Brave, Frozen, Wreck-it Ralph, Monsters Inc., and Shrek are just a few movies you can choose from. Make sure that you discuss any elements of diversity and tolerance that come up while watching these films.

COMPLETE DIVERSITY & TOLERANCE ACTIVITIES

Play dress-up and provide children with clothing from different cultures. For example yarmulkes, kimono, sari, etc. Discuss with children what culture each piece of clothing is from and why it is worn.

EDUCATE YOURSELF

Despite what we tell our children, we do not know everything. It is important to look up what we do not know, or understand, and continue growing our own minds, sense of self, and strength to stand up for what is right & speak out against what is wrong.