

TEEN DATING VIOLENCE AWARENESS MONTH



Break the Cycle & the Silence

FEBRUARY 1: ANNOUNCEMENT & PLEDGE DAY

Nationally, the month of February is recognized as Teen Dating Violence Awareness Month. Domestic Violence Services of Lancaster County is creating awareness for teen dating violence and take a pledge to stand against further acts of dating violence among young people.

FEBRUARY 8: WHAT IS SELF-RESPECT?

Self-respect is holding yourself in esteem and believing that you are good and worthy of being treated well. It sets the precedent on how others respect you; like the saying goes but with a twist "treat yourself the way you would like others to you." Setting boundaries and standing up for yourself should be a part of every relationship you have.

FEBRUARY 9: WEAR ORANGE DAY

Orange is the color for Teen Dating Violence Awareness Month. The color orange is used to create and spread awareness about teen dating violence. Please join DVS in spreading awareness by wearing the color orange on February 9th. You can share picture and use hashtags [#orange4love](#)

FEBRUARY 10: MOVIE DAY

Who doesn't love watching movies? Watch Anne Hathaway as Andy in the DevilWears Prada. Andy who is a recent college graduate lands a job for a prestigious company with a not-so-great boss. Andy must practice self-respect, learn to set boundaries and stick up for herself. What did you learn from her?

FEBRUARY 11: SELF-CARE DAY

Part of showing yourself respect is also taking care of yourself and having quality alone time.?

FEBRUARY 12: CHALK ABOUT LOVE

Let's "Chalk" about love and spread awareness about teen dating violence. Use chalk to write positive messages, draw pictures, and share information about dating as young people and the effects of teen dating violence. Share pictures and use hashtags [#ChalkAboutLove](#) and [#DVSLanc](#).

FEBRUARY 23: SAFE ZONE GROUP

DVS is hosting a conversation for young people via Zoom where they can openly share their opinions and receive vital information about teen dating. This conversation is free, confidential, and drop in style (come and go as you like).

FOR MORE INFORMATION, VISIT [CAPLANC.ORG/TDVAM](https://caplanc.org/tdvam)

Contact Sabrina Torres, DVS Children's Advocate, at storres@caplanc.org or call 717-299-9677 ext. 3113

