

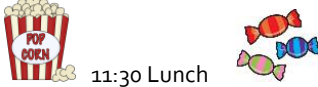


September

Lancaster Neighborhood Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LNSC: 33 E Farnum St. Lancaster, PA 17602 Phone: 717-299-3943 Manager: Yordania Lassiter ylassiter@caplanc.org</p>	<p>Happy Birthday</p> <p>10 Earnest 18 Alix 17 Nereyda 26 Denise 17 Elio</p>	<p>1</p> <p>8:30-9:00 Coffee & News 9:00-9:30 Activity Pages 10:00-10:30 Folded Paper Sunflowers 10:30-11:30 Show & Tell 11:30 Lunch</p>	<p>2</p> <p>8:30-9:00 Coffee & News 9:00-10:00 Activity Pages/ Games 10:00-11:00 Music/Meditation 11:00-11:30 Mosaics 11:30 Lunch</p>	<p>3</p> <p>8:30-9:00 Coffee & News 9:00-9:30 Activity Pages 9:30-10:30 Light House Craft 10:30-11:30 Just Dance Game 11:30 Lunch</p>
<p>6</p> <p>Labor Day</p>  <p>Senior Center Closed</p>	<p>7</p> <p>8:30-9:00 Coffee & News 9:00-10:00 Adult Coloring books 10:00-11:00 Move your body exercises with Wendy 11:00-11:30 Connect 4 11:30 Lunch</p>	<p>8</p> <p>8:30-9:00 Coffee & News 9:00-9:30 Activity Pages 9:30-10:00 Cards 10:00-11:00 Yang Han – Guitarist 11:00-11:30 Table games 11:30 Lunch</p>	<p>9</p> <p>8:30-9:00 Coffee & News 9:00-9:30 Activity Pages 9:30-10:00 Memories Game 10:00-11:00 Music/Meditation 11:00-11:30 Fun facts 11:30 Lunch</p>	<p>10</p> <p>8:30-9:00 Coffee & News 9:00-9:30 Activity Pages 9:30-11:00 Art Class with Kevin Lehman 11:00-11:30 Trivia 11:30 Lunch</p>
<p>13</p> <p>8:30-9:00 Coffee & News 9:00-9:30 Maze sheet 9:30-10:00 Dominoes 10:00-11:00 Vasthi Dominguez Resident Service Coordinator 11:00-11:30 Garden walk 11:30 Lunch</p>	<p>14</p> <p>8:30-9:00 Coffee & News 9:00-9:30 Activity Pages 9:30-10:00 Board Games 10:00-11:00 Nutrition Lesson Jennifer Overmoyer 11:00-11:30 Useless Facts 11:30 Lunch</p>	<p>15</p> <p>8:30-9:00 Coffee & News 9:00-9:30 Activity Pages 9:30-10:30 Stained glass paper craft 10:30-11:30 Pick up Sticks/ Games 11:30 Lunch</p>	<p>16</p> <p>8:30-9:00 Coffee & News 9:00-10:00 Activity Pages, Corn Hole and table top games 10:00-11:00 Bandstand Bingo with Matt Cleveland 11:00-11:30 Hidden Pictures 11:30 Lunch</p>	<p>17</p> <p>8:30-9:00 Coffee & News 9:00-10:00 Word Search challenge and card games 10:00a-11:00 Music with Sandy Heisey 11:00-11:30 Adult coloring pages 11:30 Lunch</p>
<p>20</p> <p>8:30-9:00 Coffee & News 9:00-9:30 Activity Pages 9:30-10:30 Water Color Art 10:30-11:30 Lawn Games 11:30 Lunch</p>	<p>21</p> <p>8:30-9:00 Coffee & News 9:00-10:00 Games 10:00-11:00 Move your body exercises with Wendy 11:00-11:30 Cool down/ Activity Pages 11:30 Lunch</p>	<p>22</p> <p> First Day of Fall</p> <p>8:30-9:00 Coffee & News 9:00-10:00 Would you rather? 10:00-11:00 Bingo with Michele 11:30- Lunch</p>	<p>23</p> <p>8:30-9:00 Coffee & News 9:00-10:00 Activity Pages/ Games 10:00-11:00 Music/Meditation 11:00-11:30 Garden Walk 11:30 Lunch</p>	<p>24</p> <p>8:30-9:00 Coffee & News 9:00-11:00 Movie Day/ PJ Day Popcorn, drinks and treats</p>  <p>11:30 Lunch</p>
<p>27</p> <p>8:30-9:00 Coffee & News 9:00-9:30 Activity Pages 9:30-10:00 National Chocolate Milk Day! 10:00-11:30 Fall Canvas Art 11:30 Lunch</p>	<p>28</p> <p>8:30-9:00 Coffee & News 9:00-10:00 Rainbow Fish Art 10:00-11:00 Glen Hough: One-man band 11:00-11:30 Activity Pages 11:30 Lunch</p>	<p>29</p> <p>8:30-9:00 Coffee & News 9:00-10:00 Activity Pages 10:00-10:30 Group Game 10:30-11:30 Scrap Booking 11:30 Lunch</p>	<p>30</p> <p>8:30-9:00 Coffee, News and Trip to Columbia Senior Center 10:00-11:00 Music/Meditation 11:00-11:30 Board Games 11:30 Lunch</p>	

