


October 2021

Lancaster Neighborhood Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
LNSC: 33 E Farnum St. Lancaster, PA 17602 Phone: 717-299-3943 Manager: Yordania Lassiter ylassiter@caplanc.org	Happy Birthday 2 Renee 11 Sofia 3 Ivan 14 Hazel 8 Venecia 27 Maria			1 8:30-9:00 Coffee & News 9:00-10:00 Memories Game 10:00-11:30 Sewing class with Rosa 11:30 Lunch
4 8:30-9:00 Coffee & News 9:00-9:30 Leaf rubbings 9:30-11:00 Creative Factory Art Class 11:00-11:30 Useless Facts 11:30 Lunch	5 8:30-9:00 Coffee & News 9:00-9:30 Color by number 10:00-11:00 Move your body exercises with Wendy 11:00-11:30 Spoons card game 11:30 Lunch	6 8:30-9:00 Coffee & News 9:00-10:00 Velvet coloring and table top games 10:00-11:30 Technology talk with Christine Kennedy 11:30 Lunch	7 8:30-9:00 Coffee & News 9:00-9:30 Fall word Search 10:00-11:00 Family Feud with Matt 11:00-11:30 Table top games 11:30 Lunch	8 8:30-9:00 Coffee & News 9:00-10:00 Hidden Pictures / Crosswords 10:00-11:30 Sewing class with Rosa 11:30 Lunch
11 Closed	12 8:30-9:00 Coffee & News 9:00-9:30 Message Decoder 10:00-11:00 Move your body exercises with Wendy 11:00-11:30 October word search 11:30 Lunch	13 8:30-9:00 Coffee & News 9:00-10:00 Pumpkin Painting 10:00-11:00 Talk with Hamilton Arms 11:00-11:30 Mazes 11:30 Lunch	14 8:30-9:00 Coffee & News 9:00-10:00 Two Truths and a lie 10:00-11:00 Music/Meditation 11:00-11:30 Jenga 11:30 Lunch	15 8:30-9:00 Coffee & News 9:00-9:30 Activity Pages 10:00-11:00 Jennifer Overmoyer Nutritionist 11:00-11:30 UNO 11:30 Lunch
18 8:30-9:00 Coffee & News 9:00-10:30 Scavenger hunt 10:30-11:30 Beaded Pumpkins 11:30 Lunch	19 8:30-9:00 Coffee & News 9:00-10:00 Karaoke 10:00-11:00 Move your body exercises with Wendy 11:00-11:30 Skip Bo 11:30 Lunch	20 8:30-9:00 Coffee & News 9:00-10:00 Corn Hole 10:00-11:00 Valerie and Tony Boffa 11:00-11:30 Card games 11:30 Lunch	21 8:30-9:00 Coffee & News 9:00-10:00 Scrap wood apples 10:00-11:00 "Winter Blues" talk with Michele 11:00-11:30 Board Games 11:30 Lunch	22 8:30-9:00 Coffee & News 9:00-9:30 Fall Coloring 10:00-11:30 Sewing class with Rosa Thomas 11:30 Lunch
25 8:30-9:00 Coffee & News 9:00-10:00 Dominoes 10:00-11:30 Mystery box guessing game 11:30 Lunch	26 8:30-9:00 Coffee & News 9:00-10:00 Velvet Coloring 10:00-11:00 Move your body exercises with Wendy 11:00-11:30 Connect 4 11:30 Lunch	27 8:30-9:00 Coffee & News 9:00-11:30 Costumes, crafts, dancing and games! 	28 8:30-9:00 Coffee & News 9:00-10:00 Halloween puzzles 10:00-11:00 Music/Meditation 11:00-11:30 Charades 11:30 Lunch	29 8:30-9:00 Coffee & News 9:00-10:00 Activity Pages 10:00-11:30 Sewing class with Rosa Thomas 11:30 Lunch