Lancaster Neighborhood Senior Center 33 E. Farnum Street Lancaster, PA 17602

March 2024

Lydia Perez, Manager lperez@caplanc.org Hours: 7:30 a.m. – 1:00 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
For Inclement Weather Closures, check WGAL TV8. It will be listed as "Lancaster County Office of Aging Senior Centers."				 1. 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Conversation Starters 10:00 Jeopardy/Wheel of Fortune 11:00 Word Puzzle 11:15 Getting Ready for Lunch
4 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 History/Science Trivia 10:00 Sue/Comfort Keepers/Karaoke 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch	5 8:00 Coffee/Tea & News (Breakfast Snacks) 9:30 Exercise Video 10:00 CAP/Nutrition Presentation 11:00 Word Puzzle 11:15 Getting Ready for Lunch	6 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 History Trivia 10:00 Diana Escalante w/Educational Talk 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch	7 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Conversation Starters 9:30 Bingo/Fundraiser 11:00 Word Puzzle 11:15 Getting Ready for Lunch	8 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Sport Trivia 10:00 Jeopardy/Wheel of Fortune 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch
 11 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 History Trivia 10:00 Rick & Allan Singing and Playing Instruments 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch 	12 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Conversation Starters 9:30 Exercise Video 10:00 Jessica/COTA-Trivia Game 11:00 Word Search Puzzle	13 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Health Tips 10:00 Trevor/AETNA/ Karaoke 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch	14 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Rent/Rebate Online Filing Help for Seniors 9:00 Trivia Questions 10:00 Bingo/Fundraiser 11:00 Word Puzzle/Coloring 11:15 Getting Ready for Lunch	 15 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Flowers coloring 9:30 Sport Trivia 10:00 Lisa/OOA 11:00 Healthy Tips 11:15 Getting Ready for Lunch
18 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 History Trivia 10:00 Nutrition Group Visit 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch	19 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Conversation Starters 9:30 Exercise Video 10:00 Caron Treatment Center/Addiction Survey 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch	20 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Coloring scenes 9:30 Town Hall Meeting 10:00 Amy/MHA Presentation 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch	 21 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Conversation Starters 9:30 Bingo/Fundraiser 11:00 Word Puzzle 11:15 Getting Ready for Lunch 	22 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Health Tips 9:00 Coloring/Puzzles 10:00 Taneya with Capitol BC/Games 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch
25 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Trivia Questions 9:30 Joanna w/Creative Art/Painting 11:00 Word Puzzle/Coloring 11:15 Getting Ready for Lunch	26 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Conversation Starters 9:30 Exercise Video 10:00 Tina w/PA H&W/Karaoke 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch	27 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Trivia Questions 10:00 Matt Cleveland/ Family Feud 11:00 Word Search Puzzle 11:15 Getting Ready for Lunch	28 8:00 Coffee/Tea & News (Breakfast Snacks) 9:00 Conversation Starters 9:30 Bingo/Fundraiser 11:00 Word Puzzle 11:15 Getting Ready for Lunch	29 CLOSED Good Friday