Lancaster Neighborhood Senior Center Lydia Perez, Manager

**33 E. Farnum Street April 2024 lperez@caplanc.org**

**Lancaster, PA 17602 Hours: 7:30 a.m. – 1:00 p.m.**

**Monday Tuesday Wednesday Thursday Friday**

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| --- | --- | --- | --- | --- | --- |
| 1.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Science Trivia  **10:00 Jokester (3 Ladies telling Jokes)**  **1**1:00 Word Puzzle | 2.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:30 Exercise Video  **10:00 CAP/Nutrition Presentation**  11:00 Word Puzzle | 3.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:30 Exercise Video  **10:00 Diana/Highmark/Talk about Exercise and Fresh Air**  11:00 Word Puzzle | | 4.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | 5.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **10:00 Lancaster Mennonite w/Lancaster Chamber Mentor Program/Play Games with the Seniors** |
| 8.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Guess the Word Game  **10:00 Rick & Allan Singing and Playing Instruments**  11:00 Word Search Puzzle | 9  8:00 Coffee/Tea & News (Breakfast Snacks)  9:30 Exercise Video  **10:00 Jessica/COTA-Trivia Game**  11:00 Word Search    11:00 Word Puzzle | 10  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 History Trivia  **10:00 Trevor/AETNA/ Karaoke**  11:00 Word Search Puzzle | 11  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | | 12  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Sport Trivia  **10:00 Joan with Oak Street Clinic/Game**  11:00 Word Search Puzzle |
| 15  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 History Trivia  **10:00 Guess the Word**  11:00 Word Search Puzzle | 16  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  9:30 Exercise Video  **10:00 Everyday HomeCare/Name that Tune**  11:00 Word Search Puzzle | 17  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Health Tips  **10:00 Amy/MHA Presentation**  11:00 Word Search Puzzle | 18  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | | 19  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Guess the Word Game **10:00 Miracle Makers Home Care**  11:00 Word Puzzle |
| 22  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Earth Day Trivia  **10:00 Randy H /Presentation on** historical people and events in Lancaster City's Southeast area  11:00 Word Search Puzzle | 23  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  9:30 Exercise Video  **10:00 Tina w/PA H&W/Karaoke**  11:00 Word Search Puzzle | 24  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Coloring scenes  9:30 Town Hall Meeting  **10:00 Matt C./Wheel of Fortune Game**  11:00 Word Search Puzzle | 25  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | | 26  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Health Tips  9:30 Coloring/Puzzles  **10:00 Taneya with Capitol BC/Games**  11:00 Word Search Puzzle |
| 29  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Guess Word Game  9:30 **Joanna w/Creative Art/Painting**  11:00 Word Puzzle/Coloring | 30  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  9:30 Exercise Video  **10:00 Jeopardy/Wheel of Fortune**  11:00 Word Search Puzzle | A rainbow colored leaf with a flower  Description automatically generated | A group of mushrooms in the grass  Description automatically generated | | A group of colorful people holding hands in a circle  Description automatically generated  [This Photo](https://www.pngall.com/earth-day-png/) by Unknown Author is licensed under [CC BY-NC](https://creativecommons.org/licenses/by-nc/3.0/) |