Lancaster Neighborhood Senior Center Lydia Perez, Manager

**33 E. Farnum Street April 2024 lperez@caplanc.org**

**Lancaster, PA 17602 Hours: 7:30 a.m. – 1:00 p.m.**

**Monday Tuesday Wednesday Thursday Friday**

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| 1.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Science Trivia**10:00 Jokester (3 Ladies telling Jokes)****1**1:00 Word Puzzle | 2.8:00 Coffee/Tea & News (Breakfast Snacks)9:30 Exercise Video**10:00 CAP/Nutrition Presentation**11:00 Word Puzzle | 3.8:00 Coffee/Tea & News (Breakfast Snacks)9:30 Exercise Video**10:00 Diana/Highmark/Talk about Exercise and Fresh Air**11:00 Word Puzzle | 4.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle | 5.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**10:00 Lancaster Mennonite w/Lancaster Chamber Mentor Program/Play Games with the Seniors** |
| 8.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Guess the Word Game **10:00 Rick & Allan Singing and Playing Instruments**11:00 Word Search Puzzle   | 98:00 Coffee/Tea & News (Breakfast Snacks)9:30 Exercise Video**10:00 Jessica/COTA-Trivia Game** 11:00 Word Search 11:00 Word Puzzle | 108:00 Coffee/Tea & News (Breakfast Snacks)9:00 History Trivia **10:00 Trevor/AETNA/ Karaoke**11:00 Word Search Puzzle  | 118:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle     | 128:00 Coffee/Tea & News (Breakfast Snacks)9:00 Sport Trivia **10:00 Joan with Oak Street Clinic/Game** 11:00 Word Search Puzzle  |
| 158:00 Coffee/Tea & News (Breakfast Snacks)9:00 History Trivia **10:00 Guess the Word**11:00 Word Search Puzzle  | 168:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters 9:30 Exercise Video**10:00 Everyday HomeCare/Name that Tune** 11:00 Word Search Puzzle  | 178:00 Coffee/Tea & News (Breakfast Snacks)9:00 Health Tips**10:00 Amy/MHA Presentation**11:00 Word Search Puzzle | 188:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle  | 198:00 Coffee/Tea & News (Breakfast Snacks)9:00 Guess the Word Game**10:00 Miracle Makers Home Care**11:00 Word Puzzle  |
| 22 8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Earth Day Trivia **10:00 Randy H /Presentation on** historical people and events in Lancaster City's Southeast area11:00 Word Search Puzzle   | 238:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters 9:30 Exercise Video**10:00 Tina w/PA H&W/Karaoke**11:00 Word Search Puzzle | 248:00 Coffee/Tea & News (Breakfast Snacks)9:00 Coloring scenes9:30 Town Hall Meeting **10:00 Matt C./Wheel of Fortune Game**11:00 Word Search Puzzle | 258:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle | 26 8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Health Tips9:30 Coloring/Puzzles**10:00 Taneya with Capitol BC/Games**11:00 Word Search Puzzle |
| 298:00 Coffee/Tea & News (Breakfast Snacks)9:00 Guess Word Game9:30 **Joanna w/Creative Art/Painting**11:00 Word Puzzle/Coloring | 308:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters 9:30 Exercise Video**10:00 Jeopardy/Wheel of Fortune**11:00 Word Search Puzzle | A rainbow colored leaf with a flower  Description automatically generated | A group of mushrooms in the grass  Description automatically generated | A group of colorful people holding hands in a circle  Description automatically generated[This Photo](https://www.pngall.com/earth-day-png/) by Unknown Author is licensed under [CC BY-NC](https://creativecommons.org/licenses/by-nc/3.0/) |