Lancaster Neighborhood Senior Center Lydia Perez, Manager

**33 E. Farnum Street May 2024 lperez@caplanc.org**

**Lancaster, PA 17602 Hours: 7:30 a.m. – 1:00 p.m.**

**Monday Tuesday Wednesday Thursday Friday**

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|  | A palm tree on a beach  Description automatically generated | 1.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:30 Exercise Video  **10:00 Diana/Highmark/Talk**  11:00 Word Puzzle | | 2.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | 3.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Guess the Word Game  **10:00 Vinny O/Hearing Loss Educational Chat**  11:00 Word Puzzle |
| 6. Senior Games at  Spooky Nook  Center Closed | 7.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:30 Exercise Video  **10: Freddie w/CAP Nutrition Chat**  11:00 Word Search    11:00 Word Puzzle | 8.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 History Trivia  **10:00 Trevor/AETNA/ Karaoke**  11:00 Word Search Puzzle | 9.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | | 10.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Sport Trivia  **10:00 Joan with Oak Street Clinic/Game**  11:00 Word Search Puzzle |
| 13.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 History Trivia  **10:00 Rick & Allan/Music/Guitar**  11:00 Word Search Puzzle | 14.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  9:30 Exercise Video  **10:00 Jessica S. w/Lancaster Rehab**  11:00 Word Search Puzzle | 15.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Health Tips  **10:00 Amy/MHA Presentation**  11:00 Word Search Puzzle | 16.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | | 17.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Guess the Word Game **10:00 Jeopardy/Wheel of Fortune**  11:00 Word Puzzle |
| 20.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Guess The Word  **10:00 Joanna with Lancaster Creative Factory**  11:00 Word Search Puzzle | 21.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  9:30 Exercise Video  **10:00 Jeopardy/Wheel of Fortune**  11:00 Word Search Puzzle | 22.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Coloring scenes  9:30 Town Hall Meeting  **10:00 Matt C./Wheel of Fortune Game**  11:00 Word Search Puzzle | 23.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | | 24.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Health Tips  9:30 Coloring/Puzzles  **10:00 Taneya with Capitol BC/Games**  11:00 Word Search Puzzle |
| 27.  Memorial Day – Center Closed  A close up of a flag  Description automatically generated | 28.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  9:30 Exercise Video  **10:00 Tina w/PA H&W/Karaoke**  11:00 Word Search Puzzle | 29.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Town Hall Meeting  **10:00 Cheena with HAB/w Craft**  11:00 Word Search Puzzle | 30.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | | 31.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 May Birthday’s Celebration  9:00 Conversation Starters  10:00 **Memory Game**  11:00 Word Puzzle |