Lancaster Neighborhood Senior Center Lydia Perez, Manager

**33 E. Farnum Street May 2024 lperez@caplanc.org**

**Lancaster, PA 17602 Hours: 7:30 a.m. – 1:00 p.m.**

**Monday Tuesday Wednesday Thursday Friday**

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|  | A palm tree on a beach  Description automatically generated | 1.8:00 Coffee/Tea & News (Breakfast Snacks)9:30 Exercise Video**10:00 Diana/Highmark/Talk** 11:00 Word Puzzle | 2.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle | 3.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Guess the Word Game**10:00 Vinny O/Hearing Loss Educational Chat**11:00 Word Puzzle  |
| 6. Senior Games at Spooky NookCenter Closed  | 7.8:00 Coffee/Tea & News (Breakfast Snacks)9:30 Exercise Video**10: Freddie w/CAP Nutrition Chat**11:00 Word Search 11:00 Word Puzzle | 8.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 History Trivia **10:00 Trevor/AETNA/ Karaoke**11:00 Word Search Puzzle  | 9.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle     | 10.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Sport Trivia **10:00 Joan with Oak Street Clinic/Game** 11:00 Word Search Puzzle  |
| 13.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 History Trivia **10:00 Rick & Allan/Music/Guitar**11:00 Word Search Puzzle  | 14.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters 9:30 Exercise Video**10:00 Jessica S. w/Lancaster Rehab**11:00 Word Search Puzzle  | 15.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Health Tips**10:00 Amy/MHA Presentation**11:00 Word Search Puzzle | 16.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle  | 17.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Guess the Word Game**10:00 Jeopardy/Wheel of Fortune** 11:00 Word Puzzle  |
| 20. 8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Guess The Word**10:00 Joanna with Lancaster Creative Factory**11:00 Word Search Puzzle   | 21.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters 9:30 Exercise Video**10:00 Jeopardy/Wheel of Fortune**11:00 Word Search Puzzle | 22.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Coloring scenes9:30 Town Hall Meeting **10:00 Matt C./Wheel of Fortune Game**11:00 Word Search Puzzle | 23.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle | 24. 8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Health Tips9:30 Coloring/Puzzles**10:00 Taneya with Capitol BC/Games**11:00 Word Search Puzzle |
| 27.Memorial Day – Center ClosedA close up of a flag  Description automatically generated | 28.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters 9:30 Exercise Video**10:00 Tina w/PA H&W/Karaoke** 11:00 Word Search Puzzle | 29.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Town Hall Meeting**10:00 Cheena with HAB/w Craft**11:00 Word Search Puzzle | 30.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle | 31.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 May Birthday’s Celebration9:00 Conversation Starters10:00 **Memory Game**11:00 Word Puzzle |