Lancaster Neighborhood Senior Center Lydia Perez, Manager

**33 E. Farnum Street July 2024 lperez@caplanc.org**

**Lancaster, PA 17602 Hours: 7:30 a.m. – 1:00 p.m.**

**Monday Tuesday Wednesday Thursday Friday**

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| 1.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Guess the Word Game **10:00 Rick & Allan/Music/Guitar** 11:00 Word Puzzle | 2.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:30 Exercise Video  **10:00 CAP/Nutrition Presentation**  11:00 Word Puzzle | 3.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:30 Trivia TV  **10:00 Water Bong Game**  11:00 Word Puzzle | | 4. **Center Closed**  A red white and blue flag  Description automatically generated | 5.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **10:00 Alicia Moss/Karaoke**  11:00 Word Puzzle |
| 8.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 History Trivia  **10:00 Jeopardy/Wheel of Fortune**  11:00 Word Search Puzzle | 9.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:30 Exercise Video  **10:00 Jessica/COTA-Trivia Game**  11:00 Word Search    11:00 Word Puzzle | 10.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 History Trivia  **10:00 Jeopardy/Karaoke**  11:00 Word Search Puzzle | 11.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | | 12.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Sport Trivia  **10:00 Masonic Village/ Trivia**  11:00 Word Search Puzzle |
| 15.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Science Trivia  **10:00 Cheena W. w/ACE High Benefit Group/Trivia**  11:00 Word Search Puzzle | 16.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:30 Exercise Video  **10:00 Sue w/ Comfort Keepers with a craft**  11:00 Word Puzzle | 17.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  9:30 Jeopardy/Wheel of Fortune  **10:00 Amy w/ Mental Health America**  11:00 Word Search Puzzle | 18.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | | 19.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Guess the Word Game **10:00 Oak Street/ Karaoke**  11:00 Word Puzzle |
| 22.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Trivia on TV  **10:00 Sindy/AETNA/ Karaoke**  11:00 Word Search Puzzle | 23.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  9:30 Exercise Video  **10:00 Guess the Word Game** 11:00 Word Search Puzzle | 24.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Coloring scenes  9:30 Trivia on TV  **10:00 Matt C./Wheel of Fortune Game**  11:00 Word Search Puzzle | 25.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **9:30 Bingo/Fundraiser**  11:00 Word Puzzle | | 26.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Health Tips  9:30 Coloring/Puzzles  **10:00 Taneya with Capitol BC/Games**  11:00 Word Search Puzzle |
| 29.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  **10:00 Joanna/Lancaster Creative Factory/Painting**  11:00 Word Search Puzzle | 30. 8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Conversation Starters  9:30 Exercise Video  **10:00 Tina w/PA H&W/Karaoke**  11:00 Word Search Puzzle | 31.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Coloring scenes  9:30 Town Hall Meeting  **10:00 Jonathan w/ Wellcare Trivia**  11:00 Word Search Puzzle |  | |  |

