Lancaster Neighborhood Senior Center Lydia Perez, Manager

**33 E. Farnum Street July 2024 lperez@caplanc.org**

**Lancaster, PA 17602 Hours: 7:30 a.m. – 1:00 p.m.**

**Monday Tuesday Wednesday Thursday Friday**

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| 1.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Guess the Word Game**10:00 Rick & Allan/Music/Guitar** 11:00 Word Puzzle | 2.8:00 Coffee/Tea & News (Breakfast Snacks)9:30 Exercise Video**10:00 CAP/Nutrition Presentation**11:00 Word Puzzle | 3.8:00 Coffee/Tea & News (Breakfast Snacks)9:30 Trivia TV**10:00 Water Bong Game**11:00 Word Puzzle | 4. **Center Closed**A red white and blue flag  Description automatically generated | 5.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**10:00 Alicia Moss/Karaoke**11:00 Word Puzzle  |
| 8.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 History Trivia **10:00 Jeopardy/Wheel of Fortune**11:00 Word Search Puzzle   | 9.8:00 Coffee/Tea & News (Breakfast Snacks)9:30 Exercise Video**10:00 Jessica/COTA-Trivia Game** 11:00 Word Search 11:00 Word Puzzle | 10.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 History Trivia **10:00 Jeopardy/Karaoke**11:00 Word Search Puzzle  | 11.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle     | 12.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Sport Trivia **10:00 Masonic Village/ Trivia**11:00 Word Search Puzzle  |
| 15.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Science Trivia **10:00 Cheena W. w/ACE High Benefit Group/Trivia**11:00 Word Search Puzzle  | 16.8:00 Coffee/Tea & News (Breakfast Snacks)9:30 Exercise Video**10:00 Sue w/ Comfort Keepers with a craft**11:00 Word Puzzle | 17.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters 9:30 Jeopardy/Wheel of Fortune**10:00 Amy w/ Mental Health America**11:00 Word Search Puzzle  | 18.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle  | 19.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Guess the Word Game**10:00 Oak Street/ Karaoke**11:00 Word Puzzle  |
| 22. 8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Trivia on TV**10:00 Sindy/AETNA/ Karaoke**11:00 Word Search Puzzle   | 23.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters 9:30 Exercise Video**10:00 Guess the Word Game**11:00 Word Search Puzzle | 24.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Coloring scenes9:30 Trivia on TV**10:00 Matt C./Wheel of Fortune Game**11:00 Word Search Puzzle | 25.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**9:30 Bingo/Fundraiser** 11:00 Word Puzzle | 26. 8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Health Tips9:30 Coloring/Puzzles**10:00 Taneya with Capitol BC/Games**11:00 Word Search Puzzle |
| 29.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters**10:00 Joanna/Lancaster Creative Factory/Painting**11:00 Word Search Puzzle  | 30. 8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Conversation Starters 9:30 Exercise Video**10:00 Tina w/PA H&W/Karaoke** 11:00 Word Search Puzzle | 31.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Coloring scenes9:30 Town Hall Meeting **10:00 Jonathan w/ Wellcare Trivia**11:00 Word Search Puzzle |  |  |

