**Lancaster Neighborhood Senior Center**  **Lydia Perez, Manager**

 **33 E. Farnum Street December 2024 lperez@caplanc.org**

 **Lancaster, PA 17602 Hours: 7:30 a.m. – 1:00 p.m.**

 **Monday Tuesday Wednesday Thursday Friday**

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| 2.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Math Crushers – Group Activity**10:00 Group Trivia Presented by Jose from Wellcare** | 3.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:30 Exercise Video**10:00 CAP Nutrition Presentation** | 4.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 Healthy Tips9:30 1% Club- Group Activity **10:00 Sue w/Comfort Keepers-Craft** | **5.**8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:00 Speed Trivia - Group Activity**9:30 Bingo/Fundraiser** | 6.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Group Activity – Speed Trivia**10:00 Sindy with AETNA - Karaoke** |
| 9.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Math Crushers – Group Activity**10:00 Rick & Allan Music Program** | 10.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:30 Exercise Video**10:00 Jeopardy/Wheel of Fortune** | 11.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 Healthy Tips9:30 Speed Trivia - Group Activity**10:00 Jeopardy/Wheel of Fortune** | 12.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:00 Conversation Starters - Group Activity**9:30 Bingo/Fundraiser**  | 13. 8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Guess That Tune – Group Activity**10:00 Iris Fw/EHC-Trivia Game** |
| 16.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 Guess That Tune – Group Activity**10:00 Kiara w/ Craft** | 17.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:30 Exercise Video**10:00 Jessica/COTA-Trivia Game**  | 18.8:00 Coffee/Tea & News (Breakfast Snacks)9:00 1% Club – Group Activity**10:00 Mental Health America Chat – Abby**  | 19.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:00 Conversation Starters-Group Activity**9:30 Bingo/Fundraiser**  | 20.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:00 Math Crushers – Group Activity**10:00 Christmas Special Program and Meal** |
| 23. 8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:00 Trivia on TV - Group Activity**10:00 Matt C/Most Likely Game** | 24.**Christmas Eve****Center Closed** | 25.**Christmas Day****Center Closed** | 26.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:00 Speed Trivia - Group Activity**9:30 Bingo/Fundraiser**  | 27. 8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:00 Health Tips9:30 Team Water Pong**10:00 Water Pong** |
| 30.8:00 Coffee/Tea & News (Breakfast Snacks)8:30 WII Game9:00 Conversation Starters - Group Activity**10:00 Joanna/Lancaster Creative Factory/Painting** |  31.**New Year’s Eve****Center Closed** |  |  |  |