**Lancaster Neighborhood Senior Center**  **Lydia Perez, Manager**

**33 E. Farnum Street December 2024 lperez@caplanc.org**

**Lancaster, PA 17602 Hours: 7:30 a.m. – 1:00 p.m.**

**Monday Tuesday Wednesday Thursday Friday**

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| 2.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Math Crushers – Group Activity  **10:00 Group Trivia Presented by Jose from Wellcare** | 3.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:30 Exercise Video  **10:00 CAP Nutrition Presentation** | 4.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 Healthy Tips  9:30 1% Club- Group Activity  **10:00 Sue w/Comfort Keepers-Craft** | **5.**  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:00 Speed Trivia - Group Activity  **9:30 Bingo/Fundraiser** | 6.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Group Activity – Speed Trivia  **10:00 Sindy with AETNA - Karaoke** |
| 9.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Math Crushers – Group Activity  **10:00 Rick & Allan Music Program** | 10.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:30 Exercise Video  **10:00 Jeopardy/Wheel of Fortune** | 11. 8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 Healthy Tips  9:30 Speed Trivia - Group Activity  **10:00 Jeopardy/Wheel of Fortune** | 12.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:00 Conversation Starters - Group Activity  **9:30 Bingo/Fundraiser** | 13.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Guess That Tune – Group Activity  **10:00 Iris Fw/EHC-Trivia Game** |
| 16.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 Guess That Tune – Group Activity  **10:00 Kiara w/ Craft** | 17.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:30 Exercise Video  **10:00 Jessica/COTA-Trivia Game** | 18.  8:00 Coffee/Tea & News (Breakfast Snacks)  9:00 1% Club – Group Activity  **10:00 Mental Health America Chat – Abby** | 19.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:00 Conversation Starters-Group Activity  **9:30 Bingo/Fundraiser** | 20.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:00 Math Crushers – Group Activity **10:00 Christmas Special Program and Meal** |
| 23.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:00 Trivia on TV - Group Activity  **10:00 Matt C/Most Likely Game** | 24.  **Christmas Eve**  **Center Closed** | 25.  **Christmas Day**  **Center Closed** | 26.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:00 Speed Trivia - Group Activity  **9:30 Bingo/Fundraiser** | 27.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:00 Health Tips  9:30 Team Water Pong  **10:00 Water Pong** |
| 30.  8:00 Coffee/Tea & News (Breakfast Snacks)  8:30 WII Game  9:00 Conversation Starters - Group Activity  **10:00 Joanna/Lancaster Creative Factory/Painting** | 31.  **New Year’s Eve**  **Center Closed** |  |  |  |